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330 Fairfield Avenue
Stamford, CT 06902

Hours:
Monday – Friday:
8:30am – 5:30pm



Professional Printing Made Simple

Providing the highest quality products on time
for Stamford, Greenwich and all of Fairfield County.

Whether it's a small print job or a multi-step project, we work closely with you to create exactly what you've envisioned.

SP&G is more than a print shop! We work closely with you to decide the best approach with your budget, desired output and delivery. We handle everything with professionalism and expertise, from small print runs to complex, multiple-piece projects. SP&G becomes your partner in providing the best quality products and brings your creative concepts to life. It's good to look good!



John Schnefke
203-536-9473
john@sp-g.com

This Week's Visitors/Substitutes:

Cathleen Hellman, Budget Blinds Serving Norwalk and Wilton:
CHellman@budgetblinds.com • 203 243 0123

Zoom link: <https://uso2web.zoom.us/j/84567971749?pwd=eEd6dWgwbytBcUJFbW1uSnhZcXhjZz09>



Photo by Crane Song Photography

Stamford Business Network

St. John's Lutheran Church
884 Newfield Avenue, Stamford CT 06905
stamfordbusinessnetwork.com

Chairman: **Alex Troyb**
Vice Chairman: **Chris Geotes**

Friday, April 30, 2021
Today's Presentation:
John Schnefke, Printing

Secretary:
Gina Havranek

Treasurer:
Marie DeLeo

Membership:
**Andrew Bogdan, Chris Geotes
Ray McClelland, BJ Bumactao**

Education/Mentorship:
Casey Hart

Marketing:
Peter Romeo

Ex-Officio Advisor:
Jeff Roberts

SBN Key Statistics:

Past Closed Business:	
2020 Total	\$1,192,851
Last Month (February, 2021):	\$97,752
2020 Average Seat Value:	\$29,821
2020 Average Referral Value:	\$1,780

May Renewals

BJ Bumactao, MarieDeLeo, Bernal Mora,
Rene Prasad, Layne Rodney, Alex Troyb,
Mindi Roca

June Renewals

Jesse Glassberg, Gina Havranek, Ann Lindsay,
Jeff Roberts

July Renewals

David Baker, Sydney Eppinger, Treacy Riiska,
George Weber

Most Wanted Professions:

Florist, Hair Stylist, Restoration Services, Collections
Attorney, Appraiser, Moving Company, Business Coach,
Events Planner, Property Manager, Wedding Planner

Upcoming Speakers:

Power Teams 5/7/21
Mark Smeriglio 5/14/21
Marie DeLeo 5/21/21
Memorial Day 5/28/21

	Members	Company	Profession	Phone	Email	Notes
1	David Baker	Floor Coverings International	Flooring	203-386-1776	david.baker@floorcoveringsinternational.com	1
2	Andrew Bogdan	Budget Blinds	Window Treatments	203-580-3362	abogdan@budgetblinds.com	2
3	BJ Bumactao	M&T Bank	Commercial Banker <\$250K	203-979-5676	bbumactao@mtb.com	3
4	George Charkales	LPL Financial	Financial Advisor	203-554-3426	gcharkal@optonline.net	4
5	Michael Coogan	Medicare Resources USA	Medical and Medicare Plans	914-320-7577	mcoogan@medicareresourcesusa.com	5
6	Marie DeLeo	Deleo Bookkeeping	Bookkeeping	203-831-9092	marie@deleobookkeeping.com	6
7	Sydney Eppinger	Stamford Office Furniture	Office Furniture	845-721-3796	seppinger@sof328.com	7
8	Jonathan Garcia	Jonathan Painting Service	Painting	203-540-1533	info@jonathanpainting.com	8
9	Chris Geotes	Martin LLP	Corporate Attorney	203-667-9956	cgeotes@martinllp.net	9
10	Steve Gladstone	Stonehollow Home Inspections	Home Inspector	203-327-6824	steve@stonehollow.com	10
11	Jesse Glassberg	UBREAKIFIX	Electronics Repair	845-549-4430	j.glassberg@ubreakifix.com	11
12	Casey Hart	Informer Messages on Hold	Audio-Video-Visual Media	203-655-3920	hart@informermessages.com	12
13	Gina Havranek	Elevate Virtual Solutions	Virtual Assistant	203-918-2360	gina@elevatevs.com	13
14	Yonis Herrera	Ysoli Pest Control, LLC	Pest Control	914-356-9084	yonisherrera1@icloud.com	14
15	Dr Erik Heyliger	C.A.R.E. Health & Wellness Center	Chiropractor	203-295-3484	dr.egheyliiger@carehealthandwellness.com	15
16	Rick Jackson	True North Financial Services	Life Insurance	516-945-7175	Jackson_Richard@nlgroupmail.com	16
17	Daniel Kraus	DanielCare	Medical In-Home Services	203-569-4900	daniel@danielcare.com	17
18	Linda Koppersmith	CMIT Solutions of Stamford	Information Technology	203-595-9091	lkoppersmith@cmitstamford.com	18
19	Scott Koppersmith	Mobile Connect Systems	Online Marketing	203-722-6904	Scott@mobileConnectSystems.com	19
20	Michael LaMagna	The Law Office of Michael LaMagna, LLC	Attorney - Estate Planning	914-534-1048	mlamagna@nyandctlaw.com	20
21	Amy Lerner	Ambar Realty	Commercial Real Estate	914-589-5598	alerner@ambarrealty.com	21
22	Ann Lindsay	J.Hilburn, Personal Stylist	Custom Apparel	203-257-8167	ann.lindsay@jhilburnpartner.com	22
23	Ray McClelland	A to Z Signs	Signs	203-840-0644	ray@a-to-zsigns.com	23
24	James McGowan	Ray McGowan and Sons	Plumber	203-984-7426	rmandsllc@gmail.com	24
25	Bernal Mora	Green Solutions Landscaping LLC	Landscaping	203-400-4949	greensolutionslandscapingllc@gmail.com	25
26	Marek Mroz	M & M Construction	General Contractor	203-834-9719	mmofwilton@gmail.com	26
27	Egan O'Brien	PFS Mortgage	Mortgage Broker	203-313-7281	egan@pfsmortgage.com	27
28	Greg Oliver	Orange Cleaning Services	Commercial Cleaning	203-961-3314	greg@orangecleaningservices.net	28
29	Rene Prasad	Grand Explorations, LLC	Travel Advisor	847-899-1412	rene@grandexplorations.com	29
30	Keith Reynolds	Publi.io	Business Consultant	203-978-1141	keithrey@publi.io	30
31	Treacy Riiska	Treacy Riiska CPA, LLC	Accountant	203-940-6490	treacy@treacyriiskacpa.com	31
32	Michael Robb	Titan LED	Commercial Lighting	203-451-1131	m.robb@titanled.net	32
33	Jeff Roberts	The Roberts Group Real Estate	Residential Realtor	203-918-6534	jeff.roberts@robertsgroupct.com	33
34	Theresa Robinson	Fairfield Co. Bank Ins. Services	Insurance	203-894-3164	theresa.robinson@fcbins.com	34
35	Mindi Roca	Direct Advantage Magazine	Magazine	914-806-3090	mindiroca@yahoo.com	35
36	Layne Rodney	P&P Productions	Video Productions	203-424-9332	lrodney51@gmail.com	36
37	Peter Romeo	Wooly Head Design	Graphic Design	914-673-6559	peter@woolyheaddesign.com	37
38	John Schnefke	Speed Printing & Graphics	Printing	203-536-9473	john@sp-g.com	38
39	Mark Smeriglio	Smeriglio Electric, LLC	Electrical Contractor	203-847-2658	light2k@optonline.net	39
40	Hildi Todrin	Crane Song Photography	Photographer	203-273-8084	hildi@cranesongphotography.com	40
41	Aleksandr Troyb	Benjamin, Gold, & Troyb, PC	Attorney - Real Estate	203-485-8500	alex@bgtlawfirm.com	41
42	George Weber	Law Office of George H Weber LLC	Attorney - Bankruptcy	203-653-5133	gweber@attorneyweber.com	42